



ta'leef
collective

LIVING *and* LEARNING

FREMONT, CA


QUARTER IV 2016


WORKING WITH STRESS AND CRISIS




with MICAH ANDERSON *and* SALVA CHAK

ONGOING CLASS

 43170 Osgood Rd,
Fremont, Ca 94539

 **Mondays**
Oct. 24 to Nov. 14th
7:00-8:00pm

 **\$40/person**
*(no one will be turned away
for lack of funds.)*


In this 4 weeks course with Micah Anderson and Salva Chak, attendees will learn how to deal with the common occurrences of crisis and stress, which can negatively affect both ourselves and our relationships with others. Participants will learn how mindfulness, compassion, and presence can help turn these obstacles into opportunities to deepen self-awareness and self-understanding. Each hour long class will consist of a combination of meditation practices and techniques, psychoeducation, and group processing. In the spirit of Ta'leef and it's safe space, this course will ask the attendees to be fully present for the entire four weeks and all activities.


www.taleefcollective.org/events-calendar/

STORYTELLING & SPIRITUALITY


with SHAYKH YASSIR CHADLY

ONGOING CLASS

 43170 Osgood Rd,
Fremont, Ca 94539

 **Tuesdays**
Nov. 15 to Dec. 6

7:30-9:00pm

 **\$35/person**
*(no one will be turned away
for lack of funds.)*

Storytelling is an ancient practice, complete with both traditional and conventional wisdoms. During this 4 week program, each week students will be introduced to a new story and collective supplications through the practice of Zikr. Join us!

GATHERING OF HEARTS: SORORITY, SUPPORT, SPIRITUALITY

with HOSAI MOJADDIDI

MONTHLY CLASS



43170 Osgood Rd,
Fremont, Ca 94539



Fridays
September 30,
October 28,
November 18,
December 16
7:00-9:00pm



Free

A monthly gathering for women (ages 18-45) to commune, reflect, discuss, and gain strength and support from each other. We will talk about spirituality, self-development, relevant and contemporary topics, as well as issues related to the various roles and responsibilities of Muslim women in today's world. This is a discussion-based group and participation is not only encouraged but it is required!

INTRODUCING ISLAM

with MAHDY AMINE *and* PARVEZ AHMED

WORKSHOP



43170 Osgood Rd,
Fremont, Ca 94539



Saturdays
October 15
November 12
December 17
12:00-4:00pm



Free


This is an informal discussion-based workshop, aimed at individuals who are curious about Islam and Muslims. Come and explore one of the world's largest faith traditions, where questions are encouraged and everyone is welcome.

INTERESTING TIMES

with DR. SHERMAN JACKSON *and* USAMA CANON

SPECIAL EVENT

 43170 Osgood Rd,
Fremont, Ca 94539

 **Sunday**
October 30
7:00-9:30pm

 \$20/person

A lecture and conversation with Dr. Sherman Jackson around race, politics and the moment we find ourselves in as a community. Space is limited.

C E L E B R A T I N G T A ' L E E F



JOIN US AT OUR END OF THE YEAR CELEBRATION!

We'll be reflecting on 2016 and sharing our plans for the coming year with Founding Director, Usama Canon. The evening will include live music, dinner, and more!



43170 Osgood Rd,
Fremont, Ca 94539



Sunday, December 11
6:30-10:00pm



\$45/person
*(Dinner and childcare
included)*

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